



THE BANK ARTS CENTRE

GAIN CONFIDENCE WITH OIL PAINTS

Painting workshop with Laura Beardsell-Moore

BEGINNER

Have you ever wanted to paint with oils but feel overwhelmed or intimidated by the amount of information out there? This one day course aims to give you all the information you need to feel confident and motivated to embark on your own oil painting journey.

In this workshop you will cover:

- The principles and techniques of Oil Painting
- How to create an 'imprimatura' layer
- How to mix the paint
- Using colour and tone to create form and space
- Developing your observational skills
- Understand how to use different mediums

Materials to bring with you:

- **A range of oil paints.** We recommend Windsor & Newton's "Winton" range for beginners)
- **An odour-free solvent** (such as "Zest-It" or "Sansodor") Please note white spirit or turpentine is not permitted
- **A selection of different sized brushes** (Including flat and filbert brushes)
- **Linseed Oil** (this is your painting 'medium')
- **A 12"x12" or 12"x16" canvas, canvas board or gesso board** (depending on personal preference)
- **Two jars/pots** (One for solvent and one for the medium)
- **A palette**
- **Palette knife**
- **Old clothes or apron to protect clothing**

We will provide:

- **Easels**
- **Additional materials**
- **Sketching paper**
- **Spare pots**
- **A selection of items and photographs for you to paint**



Laura Beardsell-Moore
Fine Art

ABOUT THE TUTOR

Laura Beardsell-Moore is an oil painter, specialising in figurative paintings that celebrate the beauty of the natural world. Her art is deeply rooted in her life in rural Suffolk, where she draws inspiration for her work.

Whether she is painting still life, floral compositions, or portraits, Laura seeks to communicate her innate sense of curiosity about the world that surrounds us, and hopes to evoke moments of connection with the viewer.

Laura grew up in rural Suffolk and an early interest in art led to her study art and art history at school. She then moved to Hampshire where she obtained a Foundation in Fine Art followed by a BA (hons) degree in the History of Art from the Winchester School of Art. This academic journey was followed by a Master's Degree in Art Criticism, Theory, and Philosophy at the University of Essex. Additionally, Laura honed her skills through a specialised course in colour theory at Central St Martins in London and has also received classical training under the guidance of a former director of the Florence Academy of Art.

Drawing from her educational background, Laura has taught students at various levels, teaching GCSE, A Level, and BA (Hons) Fine Art courses in the past. More recently, she has conducted workshops focused on oil painting and provides private tuition.

Laura's artistic approach blends traditional oil painting techniques with contemporary subject matter, capturing ephemeral moments in a timeless manner.

To get in touch with Laura, please contact:

E: laura@lbm-art.com

W: www.laurabeardsellmoore.com

ABOUT THE BANK

A CREATIVE HUB FOR THE COMMUNITY

Established in 2012, **The Bank Arts Centre** is a not-for-profit community project run by Eyes Open CIC. We are a volunteer-led creative hub working to make the arts accessible and inclusive to our rural community. Based in a grade-II listed ex-midlands Bank building in the centre of Eye, Suffolk, we host an eclectic programme of exhibitions, live music, theatre, comedy, activities, workshops and classes alongside our family friendly café.

At The Bank, we believe creativity is the most powerful tool to achieving long-lasting positive change therefore we are committed to investing in creativity to ensure the creative arts are accessible, enjoyable, and affordable for all. We hope to create a diverse and enriched environment where every individual feels inspired to explore and play with creative practices, build meaningful connections through engaging with others, and grow self-confidence and skills to unlock personal potential.



For general enquiries please contact:

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W: www.thebankeye.org

T: 01379 873495

2 Castle Street, Eye, Suffolk, IP23 7AN

General Opening

Wednesday - Saturday 10.30am - 3.30pm

Dog Friendly & Disabled Access

PRICING

We are committed to making the creative arts accessible and inclusive for all. The Bank is partnering with Laura Beardsell-Moore to provide subsidised sessions to continue our commitment to making the creative arts as accessible as possible. The costs of all Laura's sessions at The Bank have been reduced to provide a bespoke opportunity to our community to gain professional guidance and support.

CONFIDENCE WITH OIL PAINTS - £75.00 per person

Full day workshop - 10am - 4pm (including break for Lunch)

Date to be confirmed.